



AYSO REGION 143 EXTRA PROGRAM COMMITMENT LETTER 2025-2026

Welcome to the AYSO Region 143 EXTRA Program!

In order to ensure a positive experience for all, it is imperative that Players, Parents/Guardians, and the Program share the same understanding of the commitments and expectations required by AYSO EXTRA.

PLAYER AND PARENT/GUARDIAN COMMITMENT

- Players accepting positions on a Region 143 EXTRA team are selected to that team for the duration of the Membership Year (Aug 1 - July 31), unless a situation arises that results in a tryout being held for the spring soccer season.
- Players selected to the EXTRA Program commit to their teams for the primary fall soccer season, which begins August 1st and goes through a team's conclusion of play at EXTRA League Championships or EXTRA State Championships (subject to qualifying—dates TBA, but no sooner than Dec 31st).
- Players will commit to their EXTRA teams as their priority non-school activity for the duration of the primary fall season. It is expected that players timely attend all team practices (typically two per week), games, and tournaments. In the event of injury, illness, emergency, or any other reason, you must inform the coach sufficiently in advance of any practices or games that you cannot attend.
- Once selected and position accepted, your player may not switch teams during the season.
- To satisfy the commitment required by the EXTRA Program, players may not be enrolled in, or participate in, other Club or non-AYSO competitive soccer programs during the primary fall season.

VOLUNTEER COMMITMENT

AYSO is an all-volunteer organization which relies on volunteers to be successful. ALL EXTRA families are expected to provide volunteer support to their teams and to the Region as a whole, including Referee support to the Core and EXTRA programs.

- Each team is required to have a Head Coach, Assistant Coach, Team Manager, and three (3) Referees who are all appropriately registered and trained/certified, as verified by the Region's CVPA.
- Teams must also provide two or three field maintenance, and one picture day volunteers.
- Volunteer roles should be filled by separate families in order to share in the responsibility.

REFeree SUPPORT

- Each team shall provide a minimum of three (3) unique certified referees that are active in any of the Region's AYSO primary programs (EXTRA or Core). Active means that the volunteer referee signs up for and completes a minimum of five (5) games over the course of the regular fall season on Region 143 home fields. Two of the referees must be volunteers other than the coach or assistant coach.
- EXTRA teams which do not meet the minimum requirements of the Referee/Volunteer Point System (as outlined on the Region 143 website), will NOT be eligible for post-season playoff tournaments.
- Matches that do not have a referee assigned by an established day/time prior to that weekend's match, may be subject to forfeit by the home team.
- Teams participating in post-season playoffs will also provide referee coverage for those tournaments.

SPORTSMANSHIP AND CONDUCT

- In addition to this document, Parents/Guardians and Players are responsible for reading (and abiding by) the Region 143 Parent/Guardian and Player Agreements electronically signed during registration, and will conduct themselves as positive representatives of Region 143 at all AYSO activities (practices, games, tournaments).
- Players and families will be respectful to their coach(es), fellow team members, referees, and any other players, coaches, parents, spectators and AYSO Administrators.
- Players and Parents/Guardians should attempt to express any concerns in an appropriate manner through their Team Manager prior to contacting the Region. Your first point of Region contact would be your Division Coordinator.
- Any conduct requiring sanctions will be in accordance with the EXTRA Guidelines and/or the appropriate AYSO level (i.e. Section/Area/Region). If players are dismissed from a team due to disciplinary reasons, no refunds will be given.

FINANCIAL COMMITMENT

- Participating in the EXTRA Program includes additional time, travel, and expense.
- The EXTRA Program fee (currently \$300, plus the \$25 annual AYSO membership fee) includes: player accident insurance, custom uniforms (home & away jerseys, shorts, socks), a practice jersey, fall picture day, and the EXTRA Program participation fee for the primary fall season.
- Players who tryout and are offered a position on an EXTRA team, will be required to make a \$100 NON-REFUNDABLE deposit and pay the \$25 AYSO membership fee within seven (7) calendar days of the offer to hold their place on the team. The deposit will be deducted from the total amount due, if you choose to only pay the deposit (versus the entire registration fee). The balance of the registration fee will be due by May 15, 2025. Note that Sports Connect charges a \$2.75 transaction fee for every transaction.
- EXTRA teams may elect to buy balls, bags, warm up suits, or other team gear. These are optional and are not covered by the Region or the registration fee.
- EXTRA teams may have the opportunity for additional professional training coordinated through the Region; parents/guardians will be notified in advance of any additional expenses and given the option to participate.
- EXTRA teams may elect to participate in local tournaments before and after the primary fall season. All fees associated with these optional tournaments are paid for by the team.
- A separate nominal registration fee is required for participation in the Spring season.
- **All EXTRA Program fees are non-refundable.**

On behalf of AYSO Region 143, we thank you for participating and volunteering and we look forward to your player’s participation and a great season.

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Mark Cartnal
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ACKNOWLEDGEMENT

By signing below, we acknowledge we have read and agree to the information contained in this letter, and to comply with the AYSO National, SCEDESL, and Section 11 EXTRA Guidelines, and the policies of AYSO Region 143.

Player Name: _____ Division: _____

Parent/Guardian Signature: _____ Date: _____

Player Signature: _____ Date: _____
(signed by Parent/Guardian)